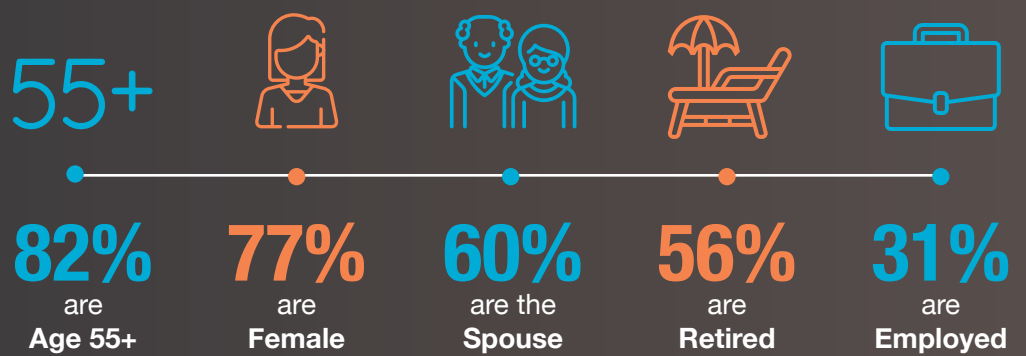


# Who Are the Caregivers of People with Aphasia?

Lingraphica's *2020 Aphasia Caregiver Report* provides a never-before-seen look at the individuals who care for someone with aphasia. Here is what you need to know.

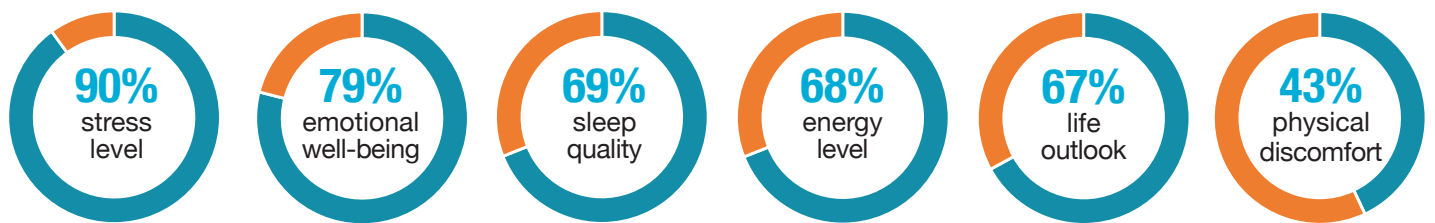
## By the Numbers: A Closer Look at Caregivers

Caregivers come from all different walks of life, reside in different geographic regions, and have diverse backgrounds. But they also share a lot in common.



## The Mental, Emotional, and Physical Impact

Caregivers report a worsening in all of the following since their loved one acquired aphasia.



## Caregivers Experience Worsening Relationships

Caregivers say these relationships have worsened since the person acquired aphasia:

50% • Friends    43% • The Person with Aphasia    41% • People in General

## Activities Aphasia Caregivers Help With

Approximately 2 out of 3 caregivers spend one third of their waking day assisting their loved ones with activities like:



## Biggest Challenges Caregivers Face:

Caregivers share a variety of challenges. But the single most common is their inability to communicate or converse with the person who has aphasia.



## Biggest Motivations for Doing What They Do:

Despite all of the challenges caregivers have largely altruistic intentions for doing what they do.



## Getting Aphasia Caregivers the Support They Need

Because communication is the biggest challenge, we recommend resources like:

### Aphasia Communication Tips

Learn fundamental principles you can use for everyday communication.

### Life with Aphasia Blog

Insights around everyday communication, and much more.

### Find a Speech Therapist

Speech therapists can help you both improve your communication.



## Lingraphica Can Help

Finally, Lingraphica offers free one-on-one consultations for caregivers who want to improve communication with their loved ones and help to aid their recovery but aren't entirely sure where to start. Learn more at:

[www.aphasia.com/improve-communication](http://www.aphasia.com/improve-communication)

To download the full report and get more insights, visit: [www.aphasia.com/2020-caregiver-report](http://www.aphasia.com/2020-caregiver-report)

