

Is AAC Right for Me?

My Communication Journey

Name: _____

Date: _____

What I Want From This Webinar:

I want to learn more about:

- ☐ AAC tools
- ☐ Being understood
- ☐ Talking with family and friends
- ☐ Healthcare communication
- ☐ Self-advocacy
- ☐ Other: _____

What Can AAC Help With?

As we talk about AAC, check the areas that are important to you.

- ☐ Sharing thoughts
- ☐ Asking questions
- ☐ Telling stories
- ☐ Talking with family and friends
- ☐ Managing healthcare
- ☐ Participating in hobbies
- ☐ Speaking up for myself

Is AAC Right for Me?

Myth vs Fact

Which AAC myth surprised you the most?

- ☐ AAC is only for people who cannot speak.
- ☐ You have to be good with technology.
- ☐ My diagnosis is the one thing that determines whether AAC will work.
- ☐ AAC will replace natural speech.

Looking Beyond Diagnosis — *AAC is about more than a diagnosis.*

Who do you want to talk to?

What communication situation is hardest for you?

What is one communication goal that matters to you?

Is AAC Right for Me?

Check any statements that sound like you:

- ☐ Communication feels frustrating
- ☐ People do not always understand me
- ☐ Speaking takes a lot of effort, but I understand pretty well
- ☐ Conversations feel limited
- ☐ Communication affects daily activities
- ☐ Communication challenges make me feel isolated
- ☐ I am ready to learn new communication tools
- ☐ I have at least 1 person in my support system (caregiver, SLP, communication partner)

Is AAC Right for Me?

My Communication Supports

People who support my communication:

One thing a communication partner can do to help me:

My Next Step

After today's webinar, I will:

- ☐ Learn more about AAC
- ☐ Talk with my family
- ☐ Talk to an SLP
- ☐ Explore communication tools
- ☐ Join a support group
- ☐ Other:
