Lingraphica

WEBINAR HANDOUT

The Power of a Communication Partner

Webinar Companion Worksheet

Name: _____

Date: _____

Today I am attending as a:

- ☐ Person with communication challenges
- ☐ Spouse/Partner
- ☐ Parent
- ☐ Adult Child
- ☐ Friend
- ☐ Caregiver
- ☐ Other: _____

Communication Challenges

What communication challenges and barriers do you or your loved one experience?

- ☐ Finding words
- ☐ Speaking clearly
- ☐ Following conversations
- ☐ Getting messages understood
- ☐ Using AAC
- ☐ Communicating in groups
- ☐ Communicating in noisy places
- ☐ Fatigue
- ☐ Other: _____

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Caregiver Strategies That Work

As we discuss strategies throughout the webinar, check the ones you would like to try.

- ☐ Give extra time
- ☐ Slow down conversations
- ☐ Focus on the message vs. correction
- ☐ Reduce distractions
- ☐ Ask one question at a time
- ☐ Encourage participation
- ☐ Model use of AAC or communication supports
- ☐ Confirm understanding vs. assuming meaning

Supporting AAC Success

AAC and communication supports we use:

- ☐ AAC device
- ☐ Writing
- ☐ Text messages
- ☐ Pictures/photos
- ☐ Communication board
- ☐ Gestures
- ☐ Other: _____

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Communication Opportunities

I would like more communication during:

- ☐ Meals
- ☐ Family conversations
- ☐ Doctor appointments
- ☐ Phone/video calls
- ☐ Community activities
- ☐ Shopping
- ☐ Hobbies
- ☐ Other: _____

My Communication Partner Plan

One thing I can START doing:

_____

Caregiver Well-Being

For caregivers. What is one way I can support myself this month?

_____

My Next Steps

After today's webinar, I will:

- ☐ Learn more about AAC
- ☐ Participate in a communication coaching session or AAC training session
- ☐ Other: _____